

THE MISBOURNE 10K TRAIL RACE

SATURDAY 22nd JUNE 2024

Place	Time	No.	Name	Club	Cat.	Award#
1	38:56	196	James Palmer	Chiltern Harriers AC	SM	1st Male
2	39:24	189	Daire Stack	Chiltern Harriers AC	SM	2nd Male
3	41:10	179	Neil Turner	Chiltern Harriers AC	M50	3rd Male
4	43:03	133	Ian Gutteridge	Handy Cross Runners	M40	1st Vet 40 Male
5	45:01	129	Zak Gollop		M40	2nd Vet 40 Male
6	45:37	194	Henry Keighley-Elstub	Tring RC	M50	1st Vet 50 Male
7	46:53	192	John Myles		M60	1st Vet 60 Male
8	47:46	197	Steve Golla		M50	2nd Vet 50 Male
9	47:56	130	Russell Green		M40	3rd Vet 40 Male
10	48:26	191	Richard Martin		M40	
11	48:41	185	Peter Wood		SM	
12	49:20	178	Mark Tikaram	Tring RC	M50	
13	51:00	108	Andrew Barrowcliffe	Lonely Goat RC	M50	
14	51:35	173	Martin Sleeman	On The Run Aylesbury	M50	
15	51:48	143	Mark Liggins	Chiltern Harriers AC	M40	
16	52:08	163	Paul Readman		M40	
17	52:59	195	Mike Davies		SM	
18	53:14	146	Alex Main		JM	1st U18 Male
19	53:49	168	Dan Shawcross		M50	
20	53:56	116	Philip Carter		M50	
21	54:03	112	Ashley Bradshaw	On The Run Aylesbury	SM	
22	54:09	138	Julie Koczwarra		F40	1st Female
23	54:22	139	Fraser Kynaston		M50	
24	54:34	153	Phil Nicolle		M50	
25	54:46	105	Lee Ayres		M40	
26	54:49	198	Mark Richards		M40	
27	54:52	113	Ian Brewer		M50	
28	54:54	135	Matthew Hull		SM	
29	54:55	117	Lisa Cave	Hazlemere Runners	F50	2nd Female
30	55:02	119	Rob Crook		M40	
31	55:12	118	Nicholas Corlett	Hazlemere Runners	SM	
32	55:16	187	Manyemwe Allen		M40	
33	55:32	107	Christian Barr		SM	
34	55:53	171	Piers Simey		M50	
35	56:09	182	Mary Ward	Tring RC	F50	3rd Female
36	56:26	121	Tom Duncan	Tri London	M40	
37	58:10	199	Frances Dewey		F40	1st Vet 40 Female
38	58:22	106	Alfie Barr		SM	
39	58:26	125	Gemma Foreman		F40	2nd Vet 40 Female
40	58:50	137	Marc Keinch	On The Run Aylesbury	SM	
41	59:15	200	Jake Simey		JM	2nd U18 Male
42	59:16	183	Chloe Wells		SF	
43	59:22	103	Shaun Appleton		M50	
44	59:30	111	Mikk Bradley		M60	
45	59:33	150	Laurence Mephram		SM	
46	59:50	190	Paul Lacey		M50	

Place	Time	No.	Name	Club	Cat.	Award#
47	60:18	154	Henrietta Oates		SF	
48	60:19	123	Robin Fahy		M40	
49	60:41	140	Sharon Leigh		F40	3rd Vet 40 Female
50	60:50	193	Bill Payer		M60	
51	60:56	164	Katie Rhodes		SF	
52	61:21	151	Helen Milton		F40	
53	61:51	174	Julie Sloper		F50	1st Vet 50 Female
54	61:58	157	Daniel Pears		M40	
55	62:19	142	Brian Lewis		M50	
56	62:46	127	Maggie Goddard		JF	1st U18 Female
57	62:47	126	Alan Gladwin		M50	
58	62:48	114	Sophie Brogan		JF	2nd U18 Female
59	63:01	147	Rachel Marsh		F40	
60	63:50	160	Andrew Pooley	Bishops Stortford RC	M50	
61	63:55	131	Harriet Griffin		SF	
62	63:59	167	Emma Seymour		SF	
63	64:09	136	Milton Hussey		M50	
64	64:30	145	Hollie Lovegrove		SF	
65	66:04	188	Samantha Chamberlain	On The Run Aylesbury	F40	
66	66:05	169	Rianne Silvey		SF	
67	66:11	148	Volker Mauer		M50	
68	66:13	144	Arlene Lindsay		SF	
69	66:28	165	Judi Saunders		F50	2nd Vet 50 Female
70	66:45	180	Lisa Wallis		F40	
71	67:02	152	Susan Morton		F40	
72	67:10	161	Kate Procter		F40	
73	67:59	162	Paul Reading		M60	
74	68:53	128	Julia Goddard		F40	
75	70:08	184	Gabrielle White		F40	
76	71:02	156	Mark Pearce	On The Run Aylesbury	M60	
77	73:00	122	Jane Elam		F60	1st Vet 60 Female
78	73:10	181	Matt Walters	Handy Cross Runners	M40	
79	74:06	115	Yvette Buckingham		F40	
80	74:46	170	Steve Field	Chiltern Harriers AC	M70	1st Vet 70 Male
81	77:52	149	Kristy Mcquarrie		F40	
82	78:52	132	Daniel Gritz	Lonely Goat RC	M50	
83	80:52	172	Rachel Slatford		F50	
84	84:44	120	Kate Douglas		F50	
85	86:44	104	Alison Aurnhammer		F50	
86	91:33	158	Rich Peters	Gade Valley Harriers	M50	
87		186	Sarah Brace		SF	

Competitors are eligible for one prize only

THE MISBOURNE 5K TRAIL RACE

SATURDAY 22nd JUNE 2024

Place	Time	No.	Name	Club	Cat.	Award#
1	19:28	34	Seth Kaye	Vale of Aylesbury AC	JM	1st Male
2	20:23	39	Dylan Leigh	Wycombe Phoenix Harriers	JM	2nd Male
3	20:31	1	Tom Attridge	Loughborough Students	SM	3rd Male
4	21:10	27	Finn Hayward	Wycombe Phoenix Harriers	JM	1st U18 Male
5	21:22	35	Henry Keen	WSE&H	JM	2nd U18 Male
6	23:11	32	Isaac Jackson		JM	3rd U18 Male
7	23:17	50	Joshua Readman	Wycombe Phoenix Harriers	JM	
8	23:41	53	Woody Rowe	Wycombe Phoenix Harriers	JM	
9	23:59	42	Harry Little	Wycombe Phoenix Harriers	JM	
10	24:28	36	Ben Kingham		JM	
11	24:47	28	Sarah Hayward	Wycombe Phoenix Harriers	F40	1st Female
12	25:26	2	Isaac Barker		JM	
13	25:27	73	Max Golla		JM	
14	25:41	13	Lucy Cuthbert	Vale of Aylesbury AC	JF	2nd Female
15	26:01	47	Robert Pawlik		JM	
16	26:03	30	John Houston	Handy Cross Runners	M40	1st Vet 40 Male
17	26:22	19	Benji Forster		JM	
18	26:23	22	Charlie Harriman		JM	
19	26:32	15	Harry Divito		JM	
20	26:37	29	Noah Henson		JM	
21	26:40	52	Marshall Ross		JM	
22	26:50	16	Stanley Draper		JM	
23	26:53	4	Edward Bates		JM	
24	26:53	5	Steven Bates		M40	2nd Vet 40 Male
25	26:56	74	Catherine Thurgood	Dacorum AC	JF	3rd Female
26	26:59	23	Finley Harriman		JM	
27	27:01	17	Sam Feeney	Wycombe Phoenix Harriers	JM	
28	28:00	64	Clare Martin		F40	1st Vet 40 Female
29	28:26	72	Rod Johnstone		M50	1st Vet 50 Male
30	28:30	63	Corey-James Anderson		JM	
31	28:36	59	Freddie Vazquez		JM	
32	28:52	14	Simon Dent		JM	
33	28:54	41	Daisy Little		JF	1st U18 Female
34	29:23	48	Paul Poeti		M40	3rd vet 40 Male
35	30:13	55	Luca Sutton		JM	
36	30:33	43	Jen Lowe		F40	2nd Vet 40 Female
37	31:03	54	Thomas Stevens		JM	
38	31:08	38	Dylan Kirtley		JM	
39	31:31	3	Simon Barker		M40	
40	31:44	24	Isabelle Hatfield		F40	3rd Vet 40 Female
41	31:57	49	Emma Readman	Wycombe Phoenix Harriers	JF	2nd U18 Female
42	32:57	67	Sue Kinner		F60	1st Vet 60 Female
43	33:10	45	Anne Neill		F40	
44	33:17	37	Allora Kingston		SF	
45	33:20	60	Gabriella Vazquez		JF	3rd U18 Female
46	33:45	71	Phil Brogan		M40	

Place	Time	No.	Name	Club	Cat.	Award#
47	34:11	46	Joseph Neill		JM	
48	34:47	65	Teresa Pawlik		F40	
49	35:03	75	Rosanna Ashworth-Jones		F40	
50	35:17	8	Lucy Brogan		F40	
51	35:17	56	Ros Taylor		F50	1st Vet 50 Female
52	36:07	76	Luisa Hallolum		F50	2nd Vet 50 Female
53	37:23	66	Martin Hatfield		M40	
54	38:37	62	Gwen Wood		JF	
55	38:59	69	Claribel Davis		JF	
56	40:26	21	Candice Hamer		SF	
57	40:41	9	Barbara Brunsdon	Chichester Runners & AC	F70	1st Vet 70 Female
58	41:41	20	Jessica Forster		JF	
59	41:41	44	Natalie Massey		JF	
60	41:51	33	William Jesse		JM	
61	42:37	18	Noa Fitzpatrick		JF	
62	46:03	57	Nic Tebb	Zero to Hero Runners	M50	2nd Vet 50 Male
63	47:45	70	Omar Zeeshan		JM	
64	49:19	68	Sarah Zeeshan		JF	
65	49:22	25	Max Hatfield		JM	
66	49:28	26	Poppy Hatfield		F40	
67	56:08	40	Carl Leighton		M40	

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